March 2023

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

Monday	Tuesday	Wednesday	Thursday	Friday
Offered daily: 1%, fat free and chocolate skim milk; all are antibiotic and BGH free	Due to USDA regulations, students will be required to take a fruit or vegetable as part of their lunch meal.	Chicken Parm w/Pasta	2 Grilled Cheese(V)	3 Stuffed Crust Pizza(V)
We offer local fruits and veg etables.  (V) designates Vegetarian option.	This institution is an equal opportunity provider and employer.	Mixed Vegetables Italian Bread	Ham (P) Optional Tomato Soup 3 Bean Salad	Romaine Salad Fruit Juice
(P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products	**Menu is subject to change.**	Alt. Egg Salad	Alt. Roast Beef	Alt. Bologna and Cheese
6	7	8	9	1/2 Day Duzine and Lenape-No Lunch
Bacon Cheeseburger Alt. Veggie Burger (V) Carrot Sticks	Double Egg, Ham & Cheese on a Hard Roll Sweet Potato Fries	Soft Taco w/Cheese, Salsa, Sour Cream Brown Rice Refried Beans Seasoned Corn	K-5 Stuffed Crust Pizza 6-12 Chicken Tenders w/Dipping Sauces Macaroni Salad Steamed Broccoli	6-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
At. Ham and Cheese	Alt. Chicken Salad	Alt. Tuna Salad	Alt. Salami and Cheese	Alt. Turkey and Cheese
13	14	15	16	1/2 Day Duzine and Lenape-No Lunch
Sweet & Sour Chicken (N) Fried Rice Asian Vegetables	Mozzarella Sticks (V) w/ Marinara Sauce Carrot Sticks Breadstick	French Toast Bites (V) Sausage (P) Hash Browns	K-5 Stuffed Crust Pizza (V) 6-12 Macaroni & Cheese(V) Baked Beans	6-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
Alt. Roast Beef	Alt. Turkey Salad	Alt. Ham and Cheese	Alt. Chicken Salad	Alt. Bologna and Cheese
20	21	22	23	24
Meatball Parm Hero Mixed Vegetables	Waffle Sticks (V) Strawberry Yogurt Hash Browns	Pasta w/Meat Sauce Garden Salad Italian Bread	Chicken & Cheese Burrito (N) Alt. Bean Burrito (V) Black Beans & Rice Steamed Carrots	Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
Alt. Turkey and Cheese	Alt. Salami and Cheese	Alt. Egg Salad	Alt. Tuna Salad	Alt. Bologna and Cheese
27	28	29	30	31
General Tso Chicken Asian Rice Steamed Carrots	Pancakes(V) Canadian Ham (P) Hash Browns	Roasted Turkey w/Gravy Mashed Potatoes Green Beans Dinner Roll	Grilled Cheese(V) Ham (P) Optional Tomato Soup Steamed Broccoli Red Bean Salad	Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
At. Ham and Cheese	Alt. Turkey Salad	At. Roast Beef	Alt. Salami and Cheese	Alt. Turkey and Cheese